



Middleham Herald

Third Coronavirus Edition, 18th May 2020

This Middleham Herald has been produced and distributed in line with current Royal Mail delivery measures. If you would prefer to receive future editions by e-mail, please contact the Town Clerk with both your e-mail and postal addresses.

From the Mayor

Councillor Sue Fairhurst, Mayor

We are hopeful that some green shoots are appearing as our time in this crisis progresses. Let's keep positive, use our common sense and look forward to a better tomorrow

There have been some positive outcomes from the lockdown: better air quality is definitely a huge plus but the most positive aspect for me has been the way our community has come together to support each other and particularly our most vulnerable residents. We have a large group of volunteers available and willing to help anyone who needs a hand with shopping, collecting medication, dog walking so a big thank you to everyone who has made the offer it is much appreciated.

Our elderly and vulnerable residents were included in the Group Hug project initiated by Jonathan Greenwood and supported by

local businesses which delivered a Goody Bag including fun items and food items to their homes, these were very well received so thanks to all involved

We were also able to deliver a small treat of bread and butter pudding to members of our seniors lunch club thanks to the generosity of Tony and Rachel from our shop and Mike Anderson who made the puds. They were much appreciated by the recipients so again many thanks to all involved.

Many thanks to Jeff and Liz for their lovely online services which I am sure are a great blessing for many in these difficult times. Lastly, we must thank our wonderful key workers for keeping our communities going in these challenging times.

Volunteering in Middleham

A huge thank you to everyone who has volunteered to help provide support and help to anyone within the community that needs it. We have a number of volunteers who are doing all sorts of things to help others, including shopping, ringing up for a chat, helping with outdoor tasks such as gardening and taking dogs for a walk. For those of you who have volunteered but not

yet been given a task, please don't feel you have been forgotten, you certainly haven't. It has also been very reassuring for us in organising help, to know that we have more people in reserve should they be needed. So thank you all.

Planning ahead

We are now working through how to continue to support people over a longer period of time. Whilst the easing of some restrictions and the beginnings of a plan to further loosen them goes ahead through government, we are assessing what that means for our community, for those who are volunteering, some of whom may soon return to work and for those of us who will need to self-isolate for longer than others. We have already agreed that we will continue to run the volunteers scheme and community support at least until September. We will review this as we progress and make changes as they are needed. So, if you have volunteered but will soon have other work or time commitments, please let us know. If you are receiving support, this will continue.

You can telephone me on 01969 625304 or 07849 918215 or Cllr Nigel Hopper on 07594 814524 or contact our rectors via the Rectory. All calls will be treated in absolute confidence.

Other contact numbers are further on in this edition so please keep it for reference.

Thanks again to everyone

Councillor Honor Byford, Deputy Mayor

Town Council update

The Town Council continues to operate during the pandemic. David, our Clerk, is working from home and can be contacted by email office@middlehamtowncouncil.co.uk and phone 07531 580499. He is currently working on the year-end accounts, setting up a new website and assisting with the registration of volunteers who have come forward to help others in the community.

For the time being our monthly meetings in the Key Centre have been suspended and the government has issued new rules allowing councils to hold their meetings by telephone or video conference. Your Council intends to hold such a meeting sometime during June. When the notice of meeting is published it will specify how residents may attend by phone or by computer.

The Council's grounds contractor is continuing to cut the grass as they are able to maintain social distancing.

Councillor Vacancy

You may be aware that Liz Stocker has stood down as Councillor. We thank her for her years of service to the community. The vacancy she leaves now needs to be filled so we are looking for volunteers. We usually hold 10 meetings a year: this takes up one evening each month, except for August and December. Plus some additional time between meetings to read correspondence and listen to and help people with things that concern them such as planning applications, for example. The council manages the communal land and open spaces that belong to us. It represents the community's views and best interests both within Middleham and working with Richmondshire and North Yorkshire Councils. We are keen that we should have a mix of people to represent every generation (you do have to be over 18 years old) and different work areas, such as agriculture, racing, retail etc. It is interesting, varied and rewarding and can be challenging too. There are no party politics involved. Training and support is available. If you are interested in helping our community by becoming a Town Councillor, please speak to any Councillor or the Clerk to find out more.

From the Rectory

Life has been strange this last couple of months - a mixture of joys and sorrows. Some families have taken well to home schooling, others haven't. Some people have loved doing those jobs they've never quite got round to; others have found they just can't get round to anything. (Is anyone else like me? Can't be bothered to clean because no one is coming to visit?? I'd probably better add that Jeff has been doing some, so we haven't gone completely to pot.) Some of you might have been loving the space and the solitude, others will have been screaming for company. Some people may not have noticed a great deal of difference to their lives, for others life has been turned upside down. There is financial and employment worry for businesses, individuals, charities and the church.

In contrast there has been a lot to celebrate – like the brilliant response of people in Middleham looking after one another - shopping, collecting prescriptions etc as well as the sterling work our local shop and businesses have done in continuing to provide food and supplies, going above and beyond. Added to this we are thankful for the dedication of the local council for producing the Middleham Herald and making sure all necessary plans are in place. And we

haven't even started on our amazing NHS and care staff and key workers. Meanwhile, at the centre of this, there is the continuing problem of the virus. You may know people who have had it. You may have had it yourself or suspect that you have had it. You may tragically know people who have died from it. We will continue to 'live with' the virus for some time to come, but we don't know how long that will be. We're not used to the uncertainty.

Maybe surprisingly, the national figure for church 'attendance' has gone up as people have been tuning into virtual services and downloading prayer apps. Ultimately, our Christian belief is that 'God is our refuge and strength, a very present help in trouble.' These are words we often sing in a hymn on Remembrance Sunday (from Psalm 46) and having just commemorated VE Day, they resonate in our times today. If you are unfamiliar with prayer, someone recently told me they saw it as simply 'chatting to him.' For you, this might be the time to try it. Good or bad, let him have the lot. He can take it!

Rev'd Liz

Church Information:

Services - we do two services a week by email - on Wednesdays and Sundays. If you would like to be added to the mailing list please contact jervaulxliz@gmail.com

Prayers - As a church community we continue to hold the whole parish in our prayers. If you would like us to pray for something specific please contact Liz or Jeff (confidentially) - either jervaulxliz@gmail.com or jervaulxjeff@gmail.com or phone 01969 326069

Weddings and Funerals

Weddings are not currently permitted.

Funerals can take place either at the graveside for a burial, or at the crematorium. Immediate family only are permitted to attend (spouse/ partner; parents; children; siblings). Funerals directors have current information.

Open Pantry food bank

The Church runs a 'mini food bank' in Middleham. If you or someone you know is in difficulty, especially in these uncertain times, please contact the rectors in complete confidence and they can help with food supplies. Rectory: 01969 326069 Liz 07796988302 or Jeff 07443581463

The Bridge Magazine

For June we will be producing an email copy. If you would like to be added to the mailing list please contact Liz on jervaulxliz@gmail.com

Rectory: 01969 326069 or **Liz**, 07796988302

Jeff, 07443581463

Middleham Residents Group on Facebook

Jimmy Ropers community page on Facebook has gone from strength to strength. Called Middleham Residents – it does what it says on the tin and is proving a really good way to keep up with what's going on, ask questions, find information, have a chat or a joke and ask for help. If you are on Facebook, do have a look and join in. If you would like to join, I suggest you first look at this website to find out how to join an online group safely.

www.boldnewworld.co.uk/get-connected/

MSCWA – Middleham Sports and Wellbeing Association

Whilst, obviously, there has been no sporting activity recently, we are now working on how we will gradually reopen our facilities so that we are ready to go when we are permitted to do so.

Residents'/MSCWA Facebook sites. Our main contacts are:

Community Garden-contact Nigel or

Amanda 07594814524

Messy boots-Kathy Wheeler 07866132787

Cricket-Richard Sanderson or me 01969

625365

5 a side football/Senior

Football/Rounders/Golf-Nigel or me.

The MSCWA Management Committee is:

John Kirkbride- Chairman

Simon Wheeler - Vice

Chairman/Maintenance

Richard Fletcher - Secretary

Rebecca Fortune -Treasurer

Nigel Hopper-Grounds teams

Richard Sanderson-Child Protection Officer

Gail Burton-Pye - Volunteer Co-ordinator

Kathy Wheeler -Fundraising officer

World Golden Oldies Cricket Week 2021

Revised dates: 22 – 29 August 2021 for this

international festival of world famous cricketing names in which some matches will be played in Middleham. Get this in your diary now for something to look forward to!

You can follow developments via their website:

www.gocricketharrogate.com/

From Middleham Trainers Association

Training of racehorses has continued during the lockdown in and around Middleham.

Middleham Trainers Association would like to wish a heartfelt thank you to Middleham Shop, Fairhurst's, members of Middleham Town Council and other local people for looking after stable staff, the elderly and how we have all come together as "one" through these difficult and trying times.

As an industry, we can possibly now see the light at the end of the tunnel with the plan of racing to start again on the 1st of June, we

also just hope for a bit of rain now for the start of racings return.

James Bethell, Chairman, MTA

Racing Welfare

Racing Welfare is the only charity that supports everyone working in the racing industry including stud, stable and racecourse staff as well as those working in associated professions.

Racing Welfare provides a wide range of advice and guidance services, all of which are completely confidential and non-judgmental. Support is available for a wide range of life's challenges, including physical and mental health, bereavement, careers advice, housing, money advice, illness, addiction, relationships and retirement.

All of Racing Welfare's services are accessible 24hrs a day via Racing's Support Line, or online at www.racingwelfare.co.uk.

Furthermore, the charity's team of front-line welfare officers cover the whole of the country, with offices in all of the main racing centres, including Middleham, and roving officers in Scotland, Wales, Epsom and the South West of England.

Racing Welfare administers Racing's **Occupational Health Service**, enabling access to occupational health professions and paying for treatment where it is needed.

The charity also operates the Careers Advice and Training Service (CATS), which supports professional development and provides training opportunities for people working in racing. A dedicated CATS website was launched at the beginning of March. The website is home to a comprehensive range of online self-help advice; from practical advice on writing a CV and managing your online profile to a live training directory and links to current vacancies and scholarships. Go to www.cats-racingwelfare.co.uk to learn more.

Racing Welfare also facilitates free access to a range of specialist services including counselling (face-to-face, telephone and online) and addiction support.

The charity owns 164 units of accommodation across the UK, with a focus on providing housing for young people working in racing and those who have retired from the industry which are managed by its housing arm, Racing Homes.

The Covid-19 Outbreak

Community events and events specifically focusing on the prevention of loneliness and social isolation have been transferred online.

Our **monthly coffee mornings and reminiscence groups** have been transferred into a closed group on Facebook where racing staff can join. Every Thursday, from 11am, a guest will host to the group in a live

session to tell their story of their life in racing. Guest hosts such as Bob Champion, Peter Scudamore and Richard Hoiles have held regular sessions so far.

If you currently work or are retired from the racing industry, you can join the group by visiting the Racing Welfare Facebook page and looking for 'Virtual Coffee Morning' in the groups section. For anyone wanting to join the group that does not have Facebook, we have a step by step guide to help!

Mental Health Awareness Week 18-24th May

Racing Welfare helps to promote the national campaign set out by the Mental Health Foundation to focusing on mental health for a week during 18th-24th May. Throughout this week, Racing Welfare will be utilising the Mental Health First Aiders that have been trained in Middleham and around the country to be advocates for the week and promote not only the support that they are able to give, and the support

For more information on Racing Welfare visit the website at www.racingwelfare.co.uk

Racing's Support Line: 0800 6300 443

Careers Advice and Training Service:
www.cats-racingwelfare.co.uk

Gail Burton-Pye, Welfare Officer, Racing Welfare, tel 07788184140

Middleham Safer Roads for Horses Project

Work on this long-term project to identify the safest and most durable road surface for ridden and shod horses continued right up to the lockdown. With an EU funding grant, the Engineering team at Aston University have been developing a test rig that will enable them to physically simulate the action of a horses shod hoof on whatever surfacing material they want to test, prior to testing with ridden horses. This work has been a joint effort by both Aston and the Biomechanics and Farriery teams at the Royal Veterinary College. We are keeping in touch with everyone involved and work will start again as soon as possible.

In the meantime, we are aware that the retexturing of the road surfaces to the Low and High Moors has worn smooth again, with a number of reports of horses slipping and at least one faller. This treatment seems to last up to 6 months. We are currently working with NYCC Highways to see what else can be done in the meantime to improve things for the safety and welfare of both riders and horses. We are very aware of how important this is and the degree of concern it causes to riders and trainers on a daily basis.

Councillor Honor Byford

Offers of help and services from local businesses:

Central Stores, Middleham

For those isolating or housebound, will take orders and deliver locally, free of charge, groceries and other goods. Tel 01969 623224
You may get the answerphone, leave your name and tel number and they will get back to you.

Campbells of Leyburn are very sorry that they have had to stop doing deliveries as they simply couldn't keep the store stocked, customers served AND sort orders and make deliveries.

Andersons Takeaway, Middleham

Good quality home cooked meals delivered free of charge. Pizzas, kebabs, burgers and more traditional meals e.g. shepherd's pie. Sunday lunch service, pre-book for Sundays please. You can pre-pay for friends and family. Tel 01969 629290

Andersons are also supplying Age UK meals service for this area. A nutritious two course meal for one person costs £5, safely delivered to your door seven days a week, between 12 noon – 2.00pm. You can order these by phoning Age UK on 01325 741492 or email them at catering@ageuknyd.org.net

Fairhursts at Berry's

Are offering a main meals delivery service bringing traditional pre-cooked meals to your door. Special diets (gluten free etc) can be

catered for. Other groceries can be added to your order from Berry's Farm Shop. Tel 01969 624668

Wensleydale Hotel

Take away menu, home baked bread (Thurs & Sat only) and vegetable boxes. All to pre-order the day before by phone and collect on Thurs – Sun.

Menu on Facebook and website and can be delivered on request for those self-isolating. Tel 01969 622093

Yorkshire Dales Meat

Delivering meat, eggs and milk
01748 810042

Leyburn Pets

Delivering pet food and supplies
01969 622953, or mail@leyburnpets.co.uk

Car Servicing, Repairs and MoTs are still available from

R&S Motors, Middleham Road, Leyburn
Tel 01969 624681

and

Middleham Motors, Leyburn Road,
Middleham, tel 01969 623283

Ravensworth Nurseries

Have reopened with strict controls and limited customer numbers, open 10.00 am to 3.00 pm. Also still delivering plants and gardening supplies.

01325 718370

Braithwaites Nurseries, Leeming Bar

Now reopened with strict limits to numbers of cars and customers. Open between 10.00 a.m. and 4.00 p.m. Very limited delivery of plants and gardening supplies now they have reopened. If you need to keep minimal contact they recommend you order ahead and then collect your prepared order enquiries@braithwaitesnursery.co.uk

01677 422861

House & Home, Leyburn

Now open with strictly limited customer numbers and one way system. Opening 08.30 am to 2.30 Pm, Tuesday – Saturday. Still delivering home fuel, gardening supplies, outdoor maintenance materials. Order by email:

houseandhomeleyburn@gmail.com

or ring us on 01969 625471

Sanderson's Decorating

Delivering decorating supplies and calor gas
01969 623143

Some other local shops and businesses are also offering deliveries or an Order and Collect system, so it's always worth ringing and asking.

Internet and computers

Whilst you are at home, if you would like to make more use of your computer or mobile phone to keep in touch with family and find friends, interesting sites etc but aren't sure how to do this safely, there are people around who can help. One useful website

recommended by Charlotte Strickland that takes you through things step by step is:

www.boldnewworld.co.uk/get-connected/

If you are having difficulty with your laptop or pc, contact Ed Davies at

ed@builtbyed.co.uk or via Facebook or

Instagram.

Who to contact for help or if you are worried for yourself or someone else:

The Town Clerk, David Keep, is working from home, contact him by e-mail:

office@middlehamtowncouncil.co.uk

Councillor Honor Byford, 01969 625304 or 07849918215. shbyford@yahoo.co.uk

Councillor Nigel Hopper, 07594814524,

hoppn@gmail.com

St Marys & St Alkelda's Church,

Reverends Liz Moody and Jeff Payne

01969 326069 or Liz, 07796988302

Jeff, 07443581463

Racing Welfare

Gail Burton-Pye, 07788184140,

gburtonpye@racingwelfare.co.uk

The Middleham Key Centre can also be contacted if you have any general queries or concerns in the coming weeks. You can email us on office@middlehamkey.co.uk or ring our number 01969 624002 and leave a message. Alternatively, you can ring Pam on 07772 736006 or Lesley on 01969 622615.

All messages will be checked within 24 hours even though the office is closed.

Quick Quiz with a local and equestrian flavour

1. What is the fortified structure that dominates Middleham?
2. A pursuer: a common term for horses that tackle the largest obstacles
3. What was King Richard III's personal emblem?
4. Name the river that you cross to get from Middleham to Leyburn
5. Name of an underwear manufacturer who invented the Y front brief in 1934!
6. Despite my name I do not have 100 legs, what am I?
7. Winner of the Grand National in 1960, trained in Middleham by Neville Crump.
8. Defined as an open space in a forest: origin of the name "Leyburn", meaning " _____ by the stream"
9. The side of a horse between the last rib and the hip is called the _____?
10. Darlington based regional newspaper, the Northern _____, which covers Middleham
11. Jockey _____ Cape, is credited as the first specialist racehorse trainer in Middleham in the 18th Century
12. What is the name of the river that runs beneath the Hullo Bridge?
13. The fountain outside the Old School was built to commemorate whose Jubilee?
14. How many racecourses are there in Yorkshire?
15. Can you name them all?
16. What comes out of a chrysalis?
17. What is the oldest racecourse in the UK?
18. Middleham Church is dedicated to St Mary and St Alkelda. Who was St Alkelda?

19. Middleham School now works in partnership with which other school?
20. Name the county town of North Yorkshire
21. What does a farrier do?
22. How long is the apprenticeship to become a farrier?
23. A main road runs from Masham through Middleham to Leyburn. What is its letter and number?
24. Which notorious highwayman was executed and is buried in York?
25. What was the name of his horse?

Answers – no peaking!

- | | |
|-----|---|
| 1. | Middleham Castle |
| 2. | A chaser |
| 3. | White Boar |
| 4. | River Ure |
| 5. | Jockey |
| 6. | Centipede |
| 7. | Merryman II |
| 8. | Clearing |
| 9. | Flank |
| 10. | Echo |
| 11. | Isaac |
| 12. | River Cover |
| 13. | Queen Victoria |
| 14. | Nine |
| 15. | Doncaster, Pontefract, Wetherby, Beverley, Thirsk, Ripon, Catterick, Redcar, York |
| 16. | Butterfly |
| 17. | Chester |
| 18. | A Saxon Christian Princess murdered by Danish pagan women |
| 19. | Spennithorne |
| 20. | Northallerton |
| 21. | Shoes horses |
| 22. | 4 years |
| 23. | A6108 |
| 24. | Dick Turpin |
| 25. | Black Bess |

Community Garden

We've all been very busy in the Community Garden over the last few months. The Spring edition of The Castle Garden will be out towards the end of the month and hopefully show you what we've achieved.

We'd still love to receive your photos of the parts of your own gardens that bring you joy. We will be selling copies in order to raise money for Alzheimer's Research.

We also have a number of tomato plants to give away. So do please get in touch with Nigel to arrange collection on 07594814524.

Amanda Langdown-Hopper

